

The secret diary of
Andrew Waddington

Age 20 $\frac{3}{4}$



The Secret Diary of Andrew Waddington Age 20 ¾

Name Andrew Waddington

Age - As already stated ahem pay attention..... 20 ¾

Personality - Bags Of!!!!!! Strength, Determination, Achievement

Attributes - Great Friend- How Lucky am I?

Confidante - Yvonne Martin, Age TBC once original birth certificate is located!!

Occupation - Student, cyclist, interior designer and film maker, film star in the making.

Secret Weapons - My trusty bike, faithful camera and excellent memory.



Andrew Waddington

Dedications

This book is dedicated to **Thursday Linda**, for all the stories we have shared.

Acknowledgements

For Mum, Dad, Minnie, family and all my support team

With love and thanks

You make me fight for what is right,
You make me shout for what is wrong;
You inspire me to carry on.

Yvonne Martin

Secret Diary of Andrew Waddington Age 20 ¾

Introduction

I have nothing to declare but my genius.

Ambitious Thoughts

To compete in the Tour De France

To be a famous actor/director in an Oscar winning film

To blow the final whistle for Burnley to win the FA cup

To win one man and his dog

To meet Adrian Mole

Wednesday 6th November 2013

The Big Arrival

So here it is my first day back at college after the October break, looking forward to seeing and catching up with everyone. Arriving at the front door I was feeling excited, I could see and hear everyone chattering as they eagerly waited to welcome us all back. Before I had time to get out of the car, Minnie my dog leapt out and stole the limelight, she ran excited towards the waiting crowd wagging her

tail. Everyone went into complete melt down unable to resist her advances. Right now I am seriously considering dyeing my hair apricot and practising my puppy dog eyes, I've already got the curls.

Wednesday 6th November 2013

Morning-Film Making

Here goes, ready for action! First class of the new term, it's good to be back and I'm looking forward to catching up with my friends again.

I headed for the film studio better known as the Red Room. It's a squeeze getting in there especially if you are the last one in, which I was! I dodged my way around the assault course of tripods and various film making equipment and settled into the only vacant corner which just happened to be directly under the huge spotlight. Theo whom I admire for his individual sense of fashion was sat opposite me wearing two hats, odd socks and tan coloured loafers. Stevie to my left had a bright yellow hoody on and Jimmy to my right was just grinning from ear to ear. We shared our holiday break highlights, it was soon apparent that the pub and football were the most popular pastimes. Towards the end of the session we each chose a hat to wear for a character photo shoot from a big box of hats. Theo looked exceptionally cool as he now had three hats on!

Film Making- Afternoon

This afternoon was another film making session we started off by sharing our likes and dislikes in the movie world. I like a good spoof documentary myself or a good comedy. We all had our individual choices and preferences and I think the plan is to re-enact some famous movie scenes in our sessions, I can't wait.

Thursday 7th November 2013

Morning- Hydro

What a great surprise!! Someone hasn't turned up for hydro so I have been offered first refusal. As I waited patiently for the bus to turn up, my friend Marcus came running into the day room, he was like a runaway train as he searched for his favourite football. It didn't take him long to find it as he knew exactly where to look, on top of the lockers and as he is as tall as a tree, almost eight feet with the attributes of a basketball player, he had no problem reaching up for it. Must ask him what football team he supports. Ron came running in panting for air, he has obviously not had the training Marcus has had. "Marcus come on you are late for your session." He shouted, Marcus ignored the prompting, I guess a kick around with the football was far more exciting than his music session.

Hydro was very cool, even though it is actually a bit like a hot bath. Did lots of stretching, working my body and building up strength throughout my arms and legs, it's tough but I love being in the water.

Afternoon- Exploratory Art

Passed Jimmy on my way to session, he was still smiling.

In today's session Lyndon and I explored some music from around the world, we listened to Indian and African music and I must admit I really enjoyed the different

sounds blasting out; Lyndon was in his element being a music man himself. We ended the session with a good old rendition of “when the lion sleeps tonight”. Lyndon knew it word for word, I think he must have been practicing it at home.

Friday 8th November 2013

Morning- Fine Art

Did some research on the internet trying to get some ideas together for my art project, I may try my hand at some interior design, I’m thinking of exploring Chinese culture.

At break time Yvonne informed me that Amber was expecting a baby. I didn’t realise I was grinning like a Cheshire cat until she spotted my huge smile and offered me a penny for my thoughts. I was visualising a baby being born right here in the common room. All sessions were immediately cancelled and we named the baby Lucky.

Afternoon- Film Making

This afternoon we took turns under the spotlight telling each other three things about ourselves with only one being true. We all had to guess which one we thought was a true story!! It’s amazing what you learn about people. Seriously- from meeting celebrities to being held at gunpoint, who would have thought there were such secrets lurking within the walls of Beaumont College?

Monday 11th November 2013

Morning- Dance

Diana and Kate caught up with me today before my first session and set me a new challenge. They gave me two head switches to activate. I'm always up for a challenge so watch this space!!!!

First session of the day and feeling good because its dance!! I love this session, don't get me wrong I'm no Louis Spence but with a bit more practice you never know. Sarah my dance tutor is full of encouragement and praise as usual motivating me as I move in the movement harness, it's tough but I never shy away from a challenge.

It's Armistice Day today!!

During morning break time Pudsey Bear arrived at the eleventh hour on the eleventh day of the eleventh month. He was accompanied by lots of people running around dressed in silly outfits carrying blue buckets and by the end of it we had raised £140 for Children In Need!!! Definitely worth the disruption.

During all of the chaos we had 2 minutes silence in remembrance of Armistice Day and this was quickly followed by 15 minutes of joyous distraction. Everyone was thrilled to spend time with Pudsey including myself and we all got plenty of photos taken with him.

Afternoon- Music

I'm still feeling quite shattered from my dance session this morning and now have an afternoon of music.

Not long into my music session I must have dropped off as I was woken up by Jane's voice telling me it was time to go. I must have nodded off, don't think it was the melodious tunes being created probably the strenuous dance work out this morning, hope I didn't miss out on anything interesting. Oh well I'll catch up in the next session.

Tuesday 12th November 2013

Morning- Community Spaces

Today was the first session for community spaces and I decided to voice my enthusiasm for action, it paid off because I eventually headed out into the community. A taxi was booked and off I went. First stop the local library, the librarian looked very studious but didn't in fact say very much and although I was hoping to challenge her with my communication skills, it was me doing all the talking. I met up with my friend Isha who was also in the library, she loves to chat so needless to say we turned a few heads. I felt quite rebellious and I do admit to having an inner chuckle as we created a bit of noise. The taxi we had booked to take us back to college didn't turn up. There was a short minor panic but Diane kept her cool and soon organised another taxi.

Afternoon- Music

Following lunch my afternoon music session was under way. It was a slow start, some last minute fine tuning shall we say. If I was in charge, we would be in the middle of a huge jamming session right now half way through the recording of my first album, a smash hit sound sensation. Well I guess I will have to curb my creative flow for now.



Wednesday 13th November 2013

Morning- Film making

I did some interview work around college today, I activated the camera and filmed as Stevie and I interviewed people. Jim the maintenance man happened to be in the wrong place at the wrong time and was passing by on the hop with a bottle of milk in his hand on his way to make a morning brew. We had a good debate about current health and safety issues and heard some very funny stories or should I say near misses. He certainly knows what he's talking about, I'm wondering what sorts of secrets he could tell!! Stevie and I have decided to embark on a filmmaking project all about football.

Afternoon- Film Making and Acting

Acted out Indiana Jones, Raiders of the lost Arc using the gym ball. I had to come down the ramp with a massive gym ball speeding down behind me, cameras were set up at the bottom of the ramp filming me as I flew down at great speed. It was great fun, I love doing action shots!!

Thursday 14th November

Morning- Health and Well Being

I used the movement harness and the bike today, did some warm up movements in the harness before setting off on my bike. I cycled around the college and did a couple of laps around the roundabout, the circuit everyone knows well and calls the magic roundabout aka Beaumont College Car Park. I managed to complete the gruelling training session with another two laps with encouragement from all the physios and of course my two personal trainers Diane and Yvonne. I know how Bradley Wiggins feels as I am put through similar training to him.

Finished off with a bit of fun in the movement harness flying across the physio room like Tarzan swinging through the jungle, after all that I was so tired that I fell asleep through the whole lunchtime and missed out on my Beef Bourguignon!!!

Afternoon- Exploratory Art

Took some photos around the college with Lyndon, got some great shots. I would seriously consider a career in photography if I could fit it in around being a film maker and professional cyclist that is.

Friday 15th November 2013

Morning-Fine Art

Decided to do a project called Roomscape which entails building a framework to design a room. Now that I've picked a project it's back to the drawing board for some more research.

Lyndon was limping around college today. Headline news was that he had been walking home when he was knocked down by a Great Dane. Its common knowledge that Lyndon has an eye for the young ladies, but it appears in this instance that it was Scooby Doo who had fallen for his charms. After his sudden rendezvous with his four legged friend Lyndon was left spread eagled in the gutter with a bruised knee and ahem..... a very clean face.

Afternoon- Film Making

Enjoyed film making today watched footage on how to direct and take picture shots and then used both head switches to demonstrate my directing skills, light camera action, CUT!! As the director I am totally focused on the task at hand creating great scenes.

I did hear a whisper that I may be nominated for an Oscar. I must remember to get my tuxedo dry cleaned.

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Monday 18th November 2013

Morning-Dance

Warmed up and then straight into the movement harness, I was soon moving around the room making contact with my fellow students and practicing my dance moves using my head switches to direct my movements and making the most of the space around me. It was great fun!!!

Chicken Risotto for lunch. Everyone commented how delicious it smelt, except Lyndon. He needs to be educated when it comes to food, though that may be difficult as he strikes me as a strictly burger and chips man.

Afternoon- Music

We had to pick a song today and unfortunately I was outnumbered by the majority vote as everyone picked "Don't Stop Believing" from the musical Glee.

I have already stopped believing as I can't believe they have chosen this one.

I am going to have to dig deep into my psyche to get through this.

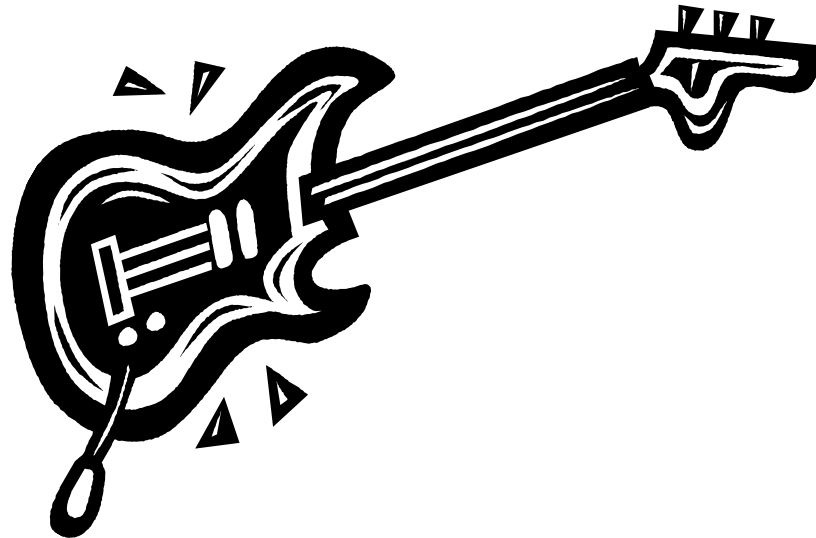
Tuesday 19th November 2013

Morning- Community Spaces

In community spaces it's all about getting out there in the community and exploring what is on offer!! Went to Lancaster and headed for the library again. I had one mission on my mind and that was to get myself a good film to watch later on this evening. There was a huge amount to choose from but eventually I decided on a comedy, hope it's a good one.

Afternoon- Music

This afternoon we were tasked with creating a music ensemble using a variety of instruments I chose a guitar for my instrument to jam with, think we need to work on our timing a bit as everyone started playing at once a bit like an alternative Bohemian Rhapsody ahem!!



Wednesday 20th November 2013

Morning-Filmmaking-Football Documentary

For today's busy filming session our location was Morecambe Football Club. Unfortunately Stevie couldn't make it so it was down to me to collect some information. I headed straight to the pitch to check it out only to find the grounds man marking out the pitch. I got to work and did some filming on the pitch and took loads of photos to use for our filmmaking project. While I was there I took the opportunity to pose in front of some cool artwork and the Eric Morecambe Plaque.

Back at college there seemed to be more hustle and bustle than usual in the student lounge with everyone rushing around frantic must be something in the air.

I can see Molly heading towards me. There isn't a day that goes by that Molly doesn't swing by and remind me that I am indeed her best friend, what can I say? - she has great taste!!!!

Afternoon- Film making and Acting

This afternoon we got straight to work filming a re-enactment of a scary movie, we were all wearing bed sheets and had props and we played sound effects in the background of blood curdling screams. We all waited along the sides of the corridor and started jumping out as one fellow student walked past us.

WARNING THIS SESSION IS NOT FOR THE FAINT HEARTED-BEWARE!!



Thursday 21st November 2013

Morning-Option Planning

Had my tutorial with Becky, Diane and Yvonne sat in with me. I had to decide what I wanted to study for next year.

Oh my god I hope I've made the right choices with my option planning, after all, my entire future career could be at stake here.

Afternoon- Exploratory Art

Lyndon and I went around the college with the camera this afternoon recording interviews asking random questions to everyone we met improvising as we went along, it was great fun. I directed Lyndon to ask the questions whilst working the

camera with my head switches. I must admit I would not rule out a side-line career as a news reporter at this point.

Home time was busy, more hustle and bustle, people rushing around all trying to get to their destination as quickly as possible and making sure they had all their belongings. It was like Burnley market at the end of the day with everyone rushing around hurriedly packing up their stalls.

Friday 22nd November 2013

Morning-Fine Art

Made my frame with Lyndon today. I thought it was a non- starter at first as I desperately needed wood for my room scape project and there was none to be seen. However luckily Lyndon leapt to the rescue and went out foraging for wood. Within 20 minutes he was back with armfuls of the stuff- I didn't ask any questions.

We quickly got to work nailing it all together before someone realised it was missing and came looking for it. I got stuck in and was soon sawing away; it was great to see the frame coming together.

Afternoon- Film Making-Behind the Scenes

Spent today's session exploring different camera angles in order to create the most iconic shots, I'm making sure that I know all the tricks of the trade after all its not just about being in front of the camera, if I'm to develop my skills as a film maker

and director I need to learn all there is to know about the work that goes on behind the scenes too!!



Monday 25th November 2013

Morning-Dance

Feeling very proud of myself spent quality time in the movement harness, had good core and head control demonstrating sway across my shoulders and swagger through the hips, pushing up through my feet and straightening my legs directing my movements using the control switch. Len Goodman would have given me a 10 for that performance.

I forgot to bring my Pannacotta for break time I asked in the restaurant what they could offer me as they were waiting for a delivery to come. It was either the yoghurt or the famous Beaumont fluff, I tried the fluff but it was more like froth!! I won't be trying that again. Luckily though it was beef bourguignon for lunch today Yummy!!!

Afternoon- Music

Oh its glee time again. I do like some musicals but Grease is more my style.

I'm feeling more Glum than Glee!!!

Tuesday 26th November 2013

Morning- Community Spaces

Missed out on a trip to Lancaster as I got to college too late, but never mind. I arrived at break time, it was lively as usual, everyone milling around. Someone said I looked like Harry Styles from One Direction. I don't mind admitting to that, as not only is he known as a sex symbol, but it might actually get me a step closer to meeting Cheryl Cole.

Lunch was also a lively affair as usual. I made sure I was in a good position for maximum observation. Harriet was excitedly sprinting around the restaurant in between each bite of her sandwich. Jane was trying to convince Roxanne that the hot pot she is ignoring is delicious. Marcus was peering over everyone's shoulder

to see what delicacies he could steal, at one point he came over to greet me - needless to say I kept a close eye on my lunch.

Afternoon-Music

Another heavy jamming session I was back on lead guitar of course!!!!

Wednesday 27th November 2013

Morning-Filmmaking- Football Documentary

Enjoyed film making - watched footage of the pictures we took at Morecambe Football Club. After that Stevie filmed me playing football and we had some banter, I made good use of my head switches- on the head my son - Yahoo! it's a goal.

Afternoon-Filmmaking and Acting.

Acted out the Spaghetti Western in today's session, we took it in turns to pair up and give each other a good eyeballing facing each other head on. With some clever editing we then managed to create a series of face offs. There we all were eye to eye with stern focused looks on our faces. It looked like we were in a real showdown - Yee Ha!!!

Thursday 28th November 2013

Morning-Health and Well Being

Took Diane and Yvonne along to a reconnoitre - aka a dummy run along the A6. In preparation for my future cycling plans, I decided to carry out a risk assessment and with my guinea pigs- ahem assistants- ready and waiting, I was ready to go.

Off we went with Diane cycling, me and Yvonne followed and I made note of any potential hazards and what with wet leaves, high kerbs and uneven parts of the road there were plenty of potential hazards. On the way back Yvonne cycled whilst Diane and I followed closely taking notes of every part of the journey.

The key to success is to know your subject well. Of course the film crew were on hand, I never miss an opportunity to get some good quality live footage.

Afternoon-Exploratory Art-

Had a go on the ipad today and tried out some new apps. This session is all about using finger touch to complete challenges; some of the challenges were very tricky.

Friday 29th November 2013

Morning-Fine Art

I helped hold my frame whilst the hinges were being drilled in and then helped to paint it, I have chosen to do the year of the horse, started by choosing colours. It's really starting to take shape and looking great. I can't wait to start designing my room, must check if I have a budget for this project.

Lance, Suzie and Dylan were playing cards again today. It's funny, none of them ever seem to win but they always argue and shout out a few choice words, which I always shut my ears to of course.

Afternoon-Filmmaking

For today's session we went out into the garden and I filmed some of my fellow students as they were busy doing some forestry work. We ended the session with a game of oak, oak, ash, it was great fun.

Monday 2nd December 2013

Morning-Dance

Did some great work in the movement harness this morning in my dance session. This was a group activity where we had to use the hula hoop to push and pull each other; I had some good interaction with Alfie and Max passing the hoop to each other. Not sure what kicked it off but ended up getting the giggles and then the whole group seemed to get the giggles, pretty soon everyone was falling about laughing.

Afternoon-Music

Ah I did wonder why we had been singing “Don’t Stop Believing” time and time again. Apparently we are due to perform it for the Christmas review; this is not looking good for my image.

Tuesday 3rd December 2013

Morning-Community Spaces

Looking smart in my black jumper and with beef stew for lunch on my mind, I was ready for this morning’s session. My mission today was to buy a picture frame and return a DVD to the library easy-peasy.

It was soon apparent that there was no room on college transport, so I set off to catch the bus only to see it go sailing past!!! As it was a brisk but dry day and not wanting to admit defeat I decided to walk it with Diane dragging behind me all the way. Once I got into town I bumped into Theo as he was rushing past, he had an errand to do at the Town Hall. I returned to college with mission accomplished and beef stew for lunch.

Afternoon-Music

Well a more boisterous jamming session today, what with the keyboard and drums and of course, myself on lead guitar. What a medley of sounds.

Wednesday 4thDecember 2013

Morning-Filmmaking

Got to work this morning, editing some of the footage from last week's session. Did some work on the computer cutting and editing different clips, it was very tricky!!!

It was the Christmas fair today; it was quite an assault course trying to get to and from sessions. It was break time and with not a lot of time to spare, people were rushing about buying and selling their goods, at some stalls people were leaning on one another trying to get a closer look. It was like being in the town centre on Christmas Eve everyone rushing to buy their last minute presents. I was no different; I managed to get a good position right in front of the cake stall, holding up all the passing trade whilst I deliberated which cake to buy. With Dad on my mind I decided to go for a slab of Christmas cake.

Afternoon-Filmmaking- Acting

Today we did comedy and romance a double whammy.

First off we did Blazing Saddles everyone was pressing switches to create the sound of someone breaking wind; I was not overly amused by this particular angle of humour so I decided to sit this one out!!!

For romance, we focused on things that we loved I brought in some footage of Minnie, everyone was googly eyed - you would think she was the star of the show!

We chose some music to go with our footage.

Thursday 5th December 2013

Morning-Health and well being

I can't wait I'm going to Warner Bros studio Tour in London tomorrow!!! Went to hydro today did a good work out. Weather very wet, cold and windy and so set off dressed in full winter clothes; next thing I knew, I was in a lovely hot pool relaxing with lights and soft music.

Afternoon-Exploratory Art

Carried on my quest to discover new apps on the ipad.

Friday 6thDecember 2013

LOA from college went to London for the weekend to visit the Warner Bros studios to see the Harry Potter set.





Monday 9th December 2013

Morning-Dance

Very excited to tell everyone about my weekend, showed everyone footage I had recorded on my ipad, which showed me flying around on a broomstick-
Shermazing!!!

Had an intense physio work out, practiced my eye movements and learnt all about my muscles from head to toe - I like knowing what muscle does what. Finished up with some movements on the gym ball with Rachel.

Good stuff, I was ready for my lunch by the end of it.

Afternoon-Music

More Glee practice, oh can't they see, it's just not me.

Tuesday 10thDecember

Morning-Community Spaces

Went to The Dukes Playhouse to watch Christmas Carol, I managed to sleep all the way through it. Missed my dinner too!!!

I was on my way to afternoon session when I suddenly came to a halt, my path was blocked like a fallen tree and I felt a shower of coco cola raining down on me and I could hear Suzie singing or rather shouting her own version of a few choice words!!!! At that moment I felt Yvonne's hands cup my ears saying the words Andrew shut your ears which I immediately DID (not). I couldn't stop laughing.

Afternoon-Music

Not sure why we haven't been signed up yet as we are creating such musical masterpieces-jamming!!!!

You never know some of the best musician started out like this, just experimenting and creating crazy sounds!!!

Wednesday 11thDecember 2013

Morning-Filmmaking-Football Documentary

I went to Morecambe Football club to continue the film making project but wasn't allowed to film inside the ground today so did some video footage around the outside.

Some of the players came out in their home strip, they were quite keen to get a photo taken with myself and Jimmy, so of course we happily obliged them.

Afternoon-Filmmaking and Acting

Did our own version of Singing In the Rain. By a stroke of luck it started to rain so we headed to the sensory garden laden with our umbrellas. We used our head switches to play recordings of the song and took it in turns to swing our umbrellas around recreating the famous scene from Singing in the Rain. Now this is more my type of musical!!

Thursday 12thDecember 2013

Morning-Health and well being

Went to hydro had a great session feeling really refreshed working my muscles and “sea weeding” my body against the water.

Worked up an appetite for lunch, its ham today better keep an eye out for Marcus, he is also a big fan of ham.

Afternoon- Exploratory Art

Just what I need after my morning swim, a nice relaxing session.

Watched Christmas Carol on DVD this afternoon quite different from the live theatre version, I watched at The Dukes on Tuesday, well at least the bit that I managed to see before dropping off!!!

Friday 13th December 2013

Morning-Fine Art

Slept In!!! I arrived at College a little while before morning break and began putting the second coat of paint onto my framework- It's looking great. I'm enjoying developing an oriental theme within my designs.

Afternoon- Filmmaking

Did some work in the outside cabin classroom- I filmed some close up footage of us lighting a fire by using a flint stick and fluff from the tumble dryers. Once the fire was lit we put the Kelly kettle on to boil, it was great fun and just like being on a survival adventure.

Monday 16th December 2013

Morning-Chill session

Brought in sweets and biscuits for everyone and my Harry Potter and the Philosophers' Stone DVD to watch. Needless to say, everyone enjoyed it.

We then had an early lunch as the Christmas review was set for 2 o'clock

Afternoon- Music-

At the Christmas review there was singing and people playing musical instruments, there was even a poem read aloud, it was very funny but you had to be 18 or over

to listen to it. Should have performed the Glee song but just couldn't do it. Managed to sneakily hide myself within the audience and cringed from afar!!!!!!

Tuesday 17th December 2013

Morning- Community Spaces

Had a trip out to Ashton garden centre it was very Christmassy- Jane shut her hand bag in the back door of the bus she was very annoyed with herself!!!

Afternoon-Music

Enjoyed the Christmas Carol service at the hospice, couldn't hear the readings but everyone including myself enjoyed singing along to the carols.

Father Christmas made a last minute entrance and said Ho, Ho, Ho to everyone.

Wednesday 18th December 2013

Morning-Chill session

Watched Ice Age in the orange room.

We had our Christmas dinner today and I had turkey for lunch, the tables were all set out with crackers, party poppers, mince pies and Christmas cake.

Afternoon-IT'S PARTY TIME

This afternoon was the end of term Christmas disco, half way through we were joined by a one man band he was really entertaining with his drums, accordion, symbols, whistles and bells now he's got some rhythm.



Thursday 19th December 2013

Morning-Health and Well Being

Went to Hydro, Kate got locked in the toilet and we had to call the maintenance man to free her. Then we discovered that the tail lift on the bus had broken and so had to call college to send out another one which made us late for lunch. What a morning, however it did nothing to dampen my great mood and it seemed that I was not the only one in such good spirits. Everyone seemed to be buzzing with the Christmas Spirit!!!!!!!!!!

Afternoon- Exploratory Art

Late to session due to the delay with this morning's chaos of events.

It's the last session before we break up so we decided have a relaxed one, I can't believe it's nearly Christmas - Phew what a term!!

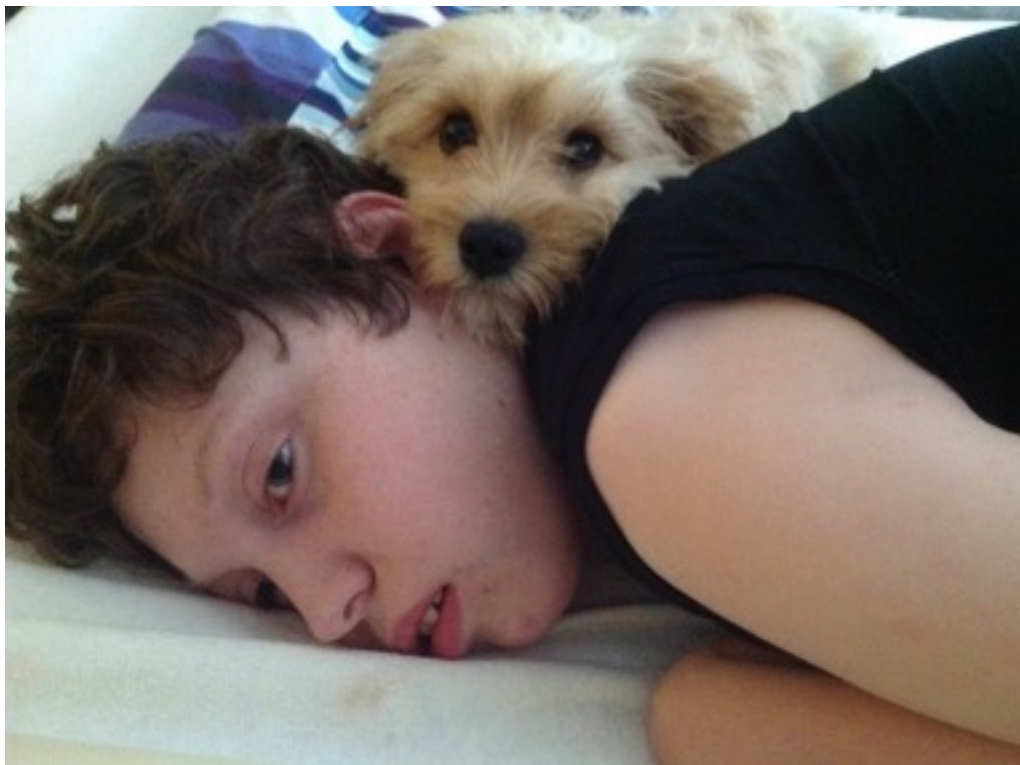
Broke up for the Christmas holiday Hoorah!!!





I would like to thank everyone that helped me put this book together and supported me to ensure my voice was heard.

In remembrance also of a French journalist who was diagnosed with locked - in - syndrome following a stroke. Jean - Dominique Bauby wrote the Diving Bell and the Butterfly using only the movement in his left eye he is an inspiration to myself and many others and highlights the determination of the human soul.



P.S. Sold my Roomscape!



P.P.S. Started training for a Skydiving Career



